

CountryFun

CATHY MERIOT - OLIVIER AMEL / LINEDANCE TEACHERS

www.countryfun.fr

Plan B

Choreographed by Kate Sala & Rob Fowler

Description: 64 count, 4 wall, intermediate line dance

Musik: She Said by Plan B

Start after 32 count intro, on vocals

WALK FORWARD, HOLD, WALK FORWARD, HOLD, ROCK FORWARD, RECOVER, STEP BACK, TOGETHER

1-4 Step right forward, hold, step left forward, hold

5-8 Rock right forward, recover to left, step right back, step left together

CROSS, SWEEP, CROSS, RIGHT SIDE ROCK, RECOVER, STEP BEHIND, LEFT SIDE ROCK, RECOVER

1-2 Cross right over left, sweep left round to the left from back to front

3-5 Cross left over right, rock out to right side on right, recover to left

6-8 Cross right behind left, rock out to left side on left, recover to right

LEFT CROSS BEHIND, SWEEP BACK, CROSS BEHIND, STEP LEFT, CROSS, SIDE, CROSS, HOLD

1-2 Cross left behind right, sweep right round to the right from front to back

3-4 Cross right behind left, step left

5-8 Cross right over left, step left, cross right over left, hold

STEP LEFT, TOGETHER WITH TURN ¼ RIGHT, STEP FORWARD, HOLD, FULL TURN LEFT, STEP RIGHT, HOLD

1-4 Step left, turn ¼ right and step right together, step left forward, hold

5-8 Turn ½ left and step right back, turn ½ left and step left forward, step right to side, hold, 3:00

WEAVE RIGHT, STEP TOGETHER, SWIVEL HEELS, TOES, KICK ACROSS, STEP LEFT

1-4 Cross left behind right, step right, cross left over right, step right together

5-6 Swivel both heels to the right, swivel both toes to the right

7-8 Cross/kick left over right, step left to side

CROSS RIGHT BEHIND, HOLD, BALL CROSS, STEP LEFT, KICK ACROSS, KICK OUT, TOUCH BACK, KICK FORWARD

12&3 Cross right behind left, hold, step on ball of left to left, cross right over left

4-6 Step left to side, cross/kick right over left, kick right out to right side

7-8 Touch back with right toe, kick right forward

SLOW COASTER STEP, HOLD, STEP, TURN ½ RIGHT, STEP, TURN ½ RIGHT

1-4 Step right back, step left together, step right forward, hold

5-8 Step left forward, turn ½ right, step left forward, turn ½ right

CROSS ROCK, RECOVER, BIG STEP LEFT, DRAG, CROSS ROCK BEHIND, RECOVER, BIG STEP RIGHT, STEP TOGETHER

1-4 Cross/rock left over right, recover to right, take a long step left, drag right towards left

5-8 Cross/rock on right behind left, recover to left, take a long step right, step left in next to right

Have Fun and Dance

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TAG

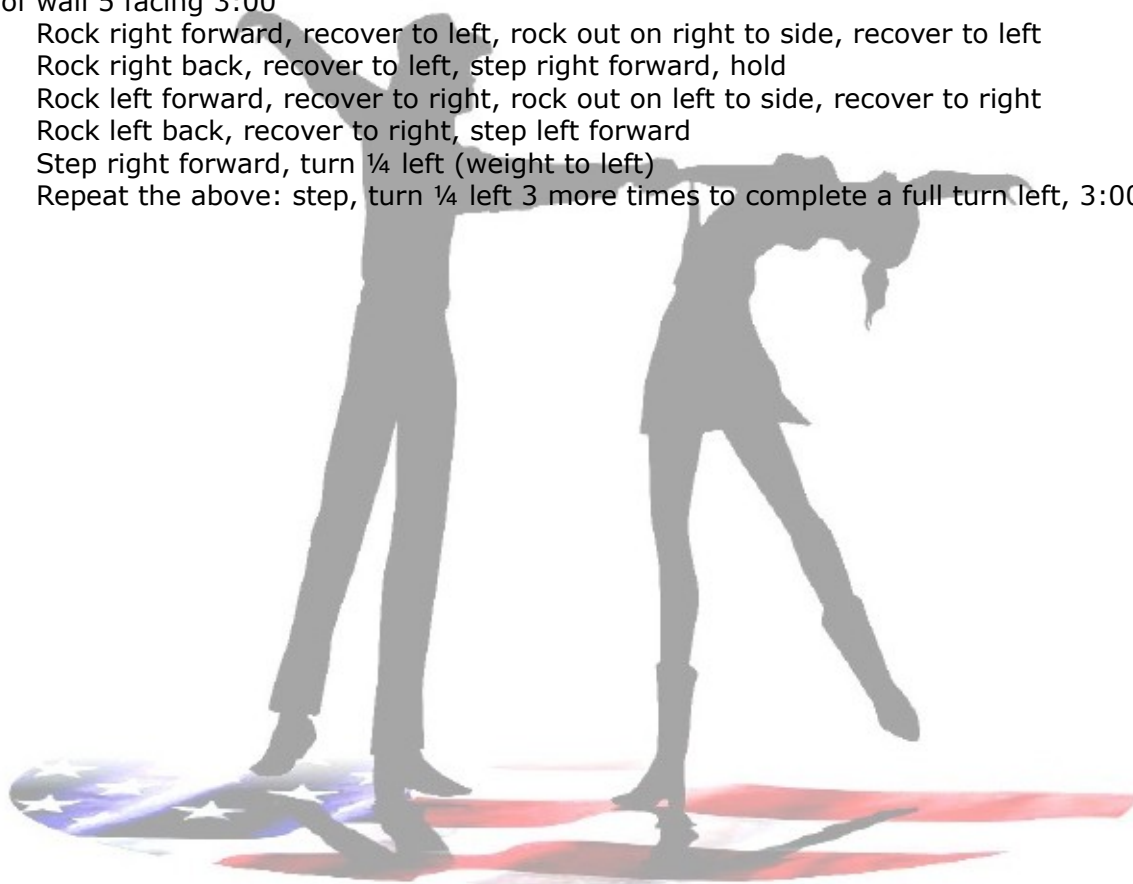
End of wall 1 facing 3:00

- 1-4 Rock right forward, recover to left, rock out on right to side, recover to left
- 5-8 Rock right back, recover to left, step right forward, hold
- 1-4 Rock left forward, recover to right, rock out on left to side, recover to right
- 5-8 Rock left back, recover to right, step left forward

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End of wall 5 facing 3:00

- 1-4 Rock right forward, recover to left, rock out on right to side, recover to left
- 5-8 Rock right back, recover to left, step right forward, hold
- 1-4 Rock left forward, recover to right, rock out on left to side, recover to right
- 5-8 Rock left back, recover to right, step left forward
- 1-2 Step right forward, turn $\frac{1}{4}$ left (weight to left)
- 3-8 Repeat the above: step, turn $\frac{1}{4}$ left 3 more times to complete a full turn left, 3:00



Have Fun and Dance

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